Aortic aneurysm – ascending or descending thoracic and/or abdominal

All patients must have regular medical review. Note: for Group 2 cases, the exercise or other functional test requirements will need to be met in all cases of abdominal aortic aneurysm irrespective of the diameter.

**Group -1**

**CAR AND MOTORCYCLE**

- May drive and need not notify the DVLA if aneurysm diameter is less than 6 cm.

- May drive but must notify the DVLA if aneurysm diameter is between 6 cm and 6.4 cm. 

  *May be relicensed/licensed subject to annual review*

**Group -2**

**BUS AND LORRY**

- May drive if the aneurysm diameter is less than 5.5 cm. Must notify the DVLA.

  *Note: the exercise or other functional test requirements will need to be met in all cases of abdominal aortic aneurysm irrespective of the diameter.*

- Must not drive and must notify the DVLA if the aneurysm diameter is greater than 5.5 cm.

  *Licence will be refused or revoked.*

  May be relicensed/licensed after successful surgical treatment without evidence of further enlargement and no other disqualifying condition.

  *Note: the exercise or other functional test requirements will need to be met in all cases of abdominal aortic aneurysm irrespective of the diameter.*
Must not drive and must notify the DVLA if aneurysm diameter is 6.5 cm or greater. 

Licence will be refused or revoked.

May be relicensed/licensed after successful surgical treatment without evidence of further enlargement and no other disqualifying condition.

In cases of bicuspid aortopathy, maximum aortic diameter should be less than 6.5 cm.

In cases of bicuspid aortopathy, maximum aortic diameter should be less than 5.5 cm provided there is no associated coarctation of aorta, systemic hypertension, family history of aortic dissection and aneurysmal growth is no greater than 3mm per annum. If any of the above apply, the maximum aortic diameter allowed would be less than 5cm.

Note: the exercise or other functional test requirements will need to be met in all cases of abdominal aortic aneurysm irrespective of the diameter.
**Chronic aortic dissection**

**Note:** ‘well controlled’ blood pressure means clinically relevant to aortic dissection, not the DVLA standard for hypertension.

**Group -1**

CAR AND MOTORCYCLE DRIVERS

- Must not drive. Must notify the DVLA if aortic diameter greater than 6 cm.

*Driving may resume only after satisfactory surgical intervention and/or medical therapy (blood pressure well controlled) and*

- satisfactory medical follow-up
- no other disqualifying condition.

If aortic diameter is 6 cm or greater, the driving restrictions given under aortic aneurysm (see above) must take effect, with the DVLA notified.

**Group -2**

BUS AND LORRY DRIVERS

- Must not drive and must notify the DVLA.

*Licence will be refused or revoked.*

May be relicensed/licensed only after satisfactory surgical intervention and/or all the following are met:

- satisfactory medical therapy (blood pressure well controlled)
- maximum transverse diameter of the aorta is less than 5.5 cm (including the false lumen/thrombosed segment)
- complete thrombosis of the false lumen
- medical follow up in place.

If aortic diameter is 6 cm or greater, the driving restrictions given under aortic aneurysm (see above) must take effect, with the DVLA notified.
Marfan syndrome and other inherited aortopathies

**Group 1**

- **CAR AND LORRY DRIVERS**

  ! - May drive and need not notify the DVLA if no aneurysm.

  If there is an aortic aneurysm, must notify the DVLA and must not drive if aortic diameter greater than 5 cm or any other disqualifying condition.

**Group 2**

- **BUS AND LORRY DRIVERS**

  ✗ - Must notify the DVLA.

  Must not drive if maximum aortic diameter greater than 5 cm or associated with severe aortic regurgitation or any other disqualifying condition.

  Licence will be revoked/refused.

Relicensing will be considered only if:

- maximum aortic diameter is less than 5 cm
- there is no family history of aortic dissection
- there is no severe aortic regurgitation
- is under annual cardiac review to include aortic root measurement.

This infographic was last updated in 2019 - Most recent guidance can be accessed @ [https://www.gov.uk/guidance/cardiovascular-disorders-assessing-fitness-to-drive](https://www.gov.uk/guidance/cardiovascular-disorders-assessing-fitness-to-drive)